

THE WEEKLY WORD

EPIPHANY PARISH OF SEATTLE . OCTOBER 7, 2013

Walking Together

Dear Epiphany,

My mom has cancer. It came as a big surprise. Originally, we thought she was part of the 3.84% of women over the age of 70 who get breast cancer and that she, like others, would endure the treatment and move on. In her case, however, the type she has is more like one found in younger women. I guess that speaks to my mom's youthful vigor.

And so, we move into a new realm of our family's life together. My sister Valerie is currently between jobs and homes and is taking some time to travel the world now that her children are all off to college. So she took a detour to Rochester, MN to be with my parents. Her presence with them at the beginning of the odyssey was more critical than I ever could have imagined. Rochester is the home of the Mayo Clinic, which was my dad's second home for thirty years. He was on staff there until he retired and moved to Atlanta, where he then served another sixteen years on the staff at Emory. The inside of an examining room for my dad is like a basketball court for Michael Jordan. My mom has also clocked a few hours in examining rooms. She was trained as a nurse at Nebraska Methodist School of Nursing in Omaha, NE, while my dad was in medical school. They met in high school a long, long time ago.

There my sister was in Rochester, at the Mayo Clinic, in an examining room for eight hours as doctors (some of whom my dad knew) wandered in and out asking questions, doing exams, taking tests, reviewing charts, and considering options. It was dizzying, my sister reported, and all the while, as Mom and Dad answered questions, she took notes. She took notes and occasionally asked for clarification. And when it was all said and done, when the diagnosis was made and the plan set in place, the mist of the day found memory through the notes my sister had taken. She emailed them to Kristin and me and to my brother Charlie. Her service was a great blessing... and a huge lesson for me.

I am a man of prayer. It is what I do in part because it is what I am called to do as your priest. I have heard stories about priests, during times of crisis in their own lives, who couldn't pray. They just couldn't

continued...

sit still or count the breaths or open the book or even make out the words on the page. They just couldn't pray and at such times, others stepped in to say the prayers. That is the story. Even if they knew nothing of prayer, they opened the book and read the words because the priest could not. There will come a day when I ask that of you, just as the day came when my sister sat on my parents' home court and shot free throws on their behalf.

That is what family does. That is what we are called to do for one another in the church. That is what we are called to ask of one another in the church. In our community, from the outside, it is easy to assume, "They've got it." It is easy to know people and their competence and their experience, and say, "Oh, they've got it. Oh, they know that court, they have played that game, that is their sweet-zone." But even though all of that may be true, when crisis hits, when a diagnosis is made, the "got it" goes out the window, and someone needs to pick up the prayers or take the notes. That is what we are called to do for one another as the body of Christ.

To that end, I want to introduce Kathryn Barrett. She came to us out of the blue (or sent by the Holy Spirit) having arrived at Epiphany nine months ago. She and her husband Mike are Montana people who have been in Seattle for 15 years. Her background is as a nurse (see article on Kathryn Barrett in this *Weekly Word*), and her passion is to help people confront illness when it appears, and work with them to develop a plan for dealing with it, just as my sister, Valerie, before leaving for her world tour, helped my parents at the beginning of my Mom's confrontation with cancer. Kathryn can be there for us at the opening moments of illness and then support us as we manage our way to renewed health. Her name is on the back of our church bulletin, and her biography is on our webpage.

My invitation to you is to meet Kathryn, and then to call upon her when the uncertainty of illness hits and you need someone to be there right from the start taking notes at your side. No matter how certain you are, when the uncertainty hits, it is nice to have a member of your Epiphany family there with you.

After all, that is what family does.

Doyt+

My mom and dad are back in Atlanta. My mom, Gracia, has started what will likely be year long chemotherapy treatments. She's had three treatments and so far she's doing fine. Your prayers are appreciated.

A reflection from Epiphany's Parish Nurse

On a cold, rainy January morning, I walked into the sanctuary of Epiphany for the first time. Not expecting to, I found a vibrant and engaging young priest by the name of Kate offering a sermon based on a personal reflection on Anne Lamott's recent book, *Help, Thanks, Wow*. In the past nine months I have returned over and over again, and, each time, have left feeling that the Spirit was sharing plans with me -- plans, and a reconnection with "organized religion" that I had long thought unachievable ... indeed, perhaps unwanted. But, as the words of the service became less about what I didn't understand and more about what I wanted to learn, I found that the lessons and the sermons, without exception, had deep personal meaning for me. As I said to Doyt when he asked me about what had surprised me most about my Epiphany experience: "What surprises me most is that I keep coming back!"



Kathryn Barrett

Raised in the Church of the Holy Spirit in Missoula, Montana, I was familiar with the Episcopal service and its rituals (although some things seemed changed after 40+years!); certainly, the Epiphany building itself brought back memories of choir lofts, magnificent stained glass, and a medieval feeling within a sacred space. Having lived in many places and "experimented" with many Christian denominations, I was taken aback by my immediate sense of connectedness to Epiphany. I appreciated that the congregation was diverse and obviously involved: ministries of caring and stewardship, volunteers who tended the physical and emotional needs of elders, the homeless, street children. And, then, of course!, the music! It called to me, as it always does, and, at Kate's suggestion, I attended a Taize service which, for me, was the perfect alchemy of learning, listening, and sacred tone.

Listening to Doyt's reminder, every Sunday, that *I* have a spiritual home at Epiphany is balm to my soul, for there were many times I felt that my spiritual life had been stunted by the loss of a parent in early childhood, physical illness, and seemingly unrelenting grief. My sense, and it had been profound at times, was that a merciful God did not exist -- for if He did, how could He have allowed the violence, addiction, and poverty that I had witnessed? How could my younger sisters be wrapped in such heavy blankets of illness and isolation? How could my brother have died at 51, broke, broken, and hopeless?

Yet, despite my doubt and, indeed, anger at God, I found joy-taking in beautiful gardens, "the church of the forest," choral singing, parenting two beautiful daughters, finding my "family of choice" in friends and colleagues, being a nurse and connecting with elders, and being in right relationship with my husband of almost 30 years. Yes, I have questioned the existence of a God who seemed nowhere to be found when I needed Him. But something has changed -- perhaps it is a function of long-ago decisions, early in adulthood, to strive towards wholeness -- by getting an education, perhaps, or by trying to live responsibly and authentically. Perhaps it is about the launching of my younger child into her own adult world, perhaps it is the softening that comes when the body heads toward 60 and one realizes, finally, that time is limited. Perhaps it relates to my decision to seek spiritual direction and engage in the Epiphany community. Whatever it is (and it's likely all of the above -- and more!), I feel called to contemplate and prepare for a new chapter in my life.

I look forward to exploring with you what "faith community nursing" might mean for Epiphany. And I look forward to learning from you about this community and hearing your stories! For me, at this point in my spiritual life, becoming a parish nurse is about taking responsibility and about being a steward of the body, mind and spirit we've all been given. In the coming weeks, I hope to provide the congregation with information about parish nursing. I hope that if you have questions or concerns about health issues you may be experiencing or, if you just want to visit, that you will reach out. I look forward to meeting you!

In peace and health,
Kathryn Barrett, RN, MSN
parish.nurse@epiphanyseattle.org or 206.326.9557

Kathryn is a graduate of Boston University and earned her Master's degree in community health nursing from Yale University. Her clinical experience includes medical case management, program development, and nurse education. She is the founder of Aging Matters, LLC, a service organization which provided private elder care assessment and consultation services. Most recently, Kathryn was a professor at Seattle University, where she taught gerontological nursing and communication theory. Kathryn is originally from Missoula, Montana, but has lived in Boston, New Haven, New York City, and Washington, D.C. She has two daughters, one husband, and one cat named Peony. Kathryn loves to sing, garden, bake pies, and enjoys writing and taking art classes. Her "caring clown" persona, Miss Mazie, makes occasional appearances in local agencies serving seniors.

An Invitation to All Men of the Parish

A Celebration and Thanksgiving for the Hosts of Epiphany's Friday Overnight Shelter and a Welcome for Future Hosts!

All parish men who've hosted our homeless guests at Epiphany's Friday overnight shelter are invited for a lunch Oktoberfest-style in the Fireside Room following the 10:30 service and Ministry Fair on Sunday, October 20.

Not already a shelter host but might like to be? Please join us and learn about this vital service in support of Operation Nightwatch and its ministry to men who are homeless in our community.

-Epiphany's Social Action Committee

Hour by Hour

and Your Smart Phone/iPad/Kindle/Tablet/etc...

At this point in our common life together, many of you have picked up a copy or two of the small prayer book, *Hour by Hour*. It conveniently has four short services for each day of the week: morning, noonday, evening prayers, and compline.

We use it at staff meeting each week, at the beginning of classes or small groups, before vestry meetings, and many of us use it individually. I have seen some of you carting it around in your purse or briefcase so it's always handy. The rector set daily alarms on his iPhone to alert him when it was time to pray. Others look forward to setting aside a few moments on their lunch break for quiet prayer at work. I'm sure there are numerous other anecdotes of which I am unaware.

Personally, I struggle to keep up with lunches, backpacks, diaper bag, and all the other things we "need" to get through a day away from home. Sometimes, I feel as if I ought to drag a rolling suitcase around to make sure everyone is adequately clothed and fed. Keeping up with a small leather book on top of everything else just wasn't happening. THEN, I discovered the book, "Hour by Hour [Kindle Edition]" available to purchase on Amazon for \$6.99. I quickly swiped "Buy now with 1-Click" and there it is on my cell phone. I always have it now and I actually use it! It's a spiritual breakthrough of monumental proportions thanks to technology. Just though I'd share... *Kate+*



*From ghoulies and ghosties and
long leggety beasties
And things that go bump in the night,
Good Lord, deliver us!*

It's that time of year, the days are getting shorter, (and soggier), the mornings are getting cooler, and Halloween is nearly upon us.

Once again, we will be collecting candy, pumpkins and carving kits for the kids at the YWCA.



Please look for the “giving branch” after Sunday, October 6. The ghosts, bats, and pumpkins will list the items needed written on the back. We are giving Halloween ‘kits’ this year—a pumpkin, small bag of candy, and a carving kit. Just grab an ornament, buy what’s needed, and bring it to Church by October 27th.

The ghoulies and ghosties will appreciate your thoughtfulness.

-Epiphany's Social Action Committee

DID YOU KNOW?



Epiphany: A Place. A Home. A Sanctuary.
*Inspiring our spiritual journey.
For the next 100 years.*

Campaign Countdown!

This is a singular year in the life of Epiphany – we are deeply involved in ensuring the future of this beautiful place called Epiphany through The Next 100 Years campaign, and we will soon also be engaged in the usual business of running the parish, supported by the annual stewardship campaign.

Please note that your campaign pledge can be made via gray pledge card or email to Linda Maxson, campaign coordinator. (Mailbox at Christie House or campaign@epiphanyseattle.org) You can also make your pledge via the Epiphany website, where you will find other campaign resources. <http://www.epiphanyseattle.org/about/giving/make-a-gift/>

***Did You Know?** is a Weekly Word series
from The Next 100 Years Building Campaign.*

Sunday Lectionary Corner

October 13, 2013

Genesis 3:1-13, Psalm 66:1-11, 2 Timothy 2:8-15, Luke 17:11-19

***Epiphany has an approved revised Lectionary for
A Year with The Saint John's Bible***

Pastoral Care Potluck

Come join in fellowship with Pastoral Care Ministries at Evening Prayer on **Wednesday, October 16**, and join us at our informational Potluck afterward in the Fireside Room. You can learn the who's and what's of Epiphany's Pastoral Care ministries -- Flowers, Card-writing, Meals, Prayer Shawls, a new Parish Nurse ministry, and Lay Eucharistic Visiting. It's a good time to ask questions, see how it works, and perhaps find something you want to do. There are even some training opportunities available. If you are planning to attend the potluck, please RSVP to Vicki Reed at vreed616@gmail.com.

We'd love to see you.—Pastoral Care Team



YOUTH SINGING AT EPIPHANY

*Have your child involved with worship
and singing with us at Epiphany!*

Choristers had fun singing for the Blessing of the Animals
yesterday for St. Francis Sunday!

If you have a young or novice youth for our Trainers program,
join us this Wednesday!

If your family is interested in joining the Choristers,
we would LOVE to have you beginning Sunday, 10/13.

**CHORISTERS (3rd & up) rehearse
Sundays from 9:00am to 10:05am.**

**Training Choir (K-4) rehearse
Wednesdays from 3:30 to 4:30pm.**

Contact Kathea Yarnell to sign up!
Or just join us for the appropriate rehearsal – see you there!

-Kathea

425.272.5972

choristers@epiphanyseattle.org

+TEC—This Sunday

Genesis and the Creation in Fantasy Literature

The Magician's Nephew

Presenter: Jonathan Roberts
Date: Sunday, October 13
Time: 9:15 am - 10:15 am
Location: Great Hall

In C.S. Lewis's *The Magician's Nephew* Narnia is called into creation with a lion's song. Digory and Polly are there to witness it. Unfortunately, so are an evil queen and a hapless magician. The lion—Aslan-- works with Digory and Polly to put things right, and along the way we're introduced to Christ as "The Eucatastrophe" (good catastrophe); the struggle between good and evil; and our true relationship to the world. Epiphany parishioner Jonathan Roberts retells this creation story and reflects on how Lewis approaches these themes in his fiction.

Refreshing the Chapel for The Next 100 Years

Presenter: The Reverend William Seth Adams
Date: Sunday, October 13
Time: 9:15 am - 10:15 am
Location: Chapel

Join us for further discussion on "moving the furniture." The Rev. William (Bill) Seth Adams will lead this forum and will focus on how the proposed changes in the Chapel are not only liturgically sound but how these changes can enhance our worship experiences. The Rev. Dr. Adams is Professor Emeritus of Liturgy and Anglican Studies at the Episcopal Theological Seminary of the Southwest, Austin TX. He is the author of "Moving the Furniture: Liturgical Theory, Practice and Environment" where he challenges the church to consider moving its spiritual and intellectual furniture, as well as rearranging its physical liturgical environment. He currently lives on Whidbey Island.

+TEC — Next Sunday — William Ingham

<http://www.epiphanyseattle.org/the-expulsion-and-the-return/>

VESTRY MEMBERS AND CONVENTION DELEGATES NOMINATIONS

Epiphany is in the process of compiling a slate of candidates for nomination to the Vestry and as delegates to the Diocesan Convention, with terms starting in January 2014. If you are interested in knowing more please read on:

THE VESTRY is an “administrative committee” (think Board of Directors) of the church. Here at Epiphany it is a mutual ministry with the Rector. The role of the Vestry is both leadership and fiduciary oversight. Towards this end, the Vestry adopts policies, oversees the maintenance of the buildings and grounds, and approves the budget. The term of a Vestry member is three (3) years. We seek four new members each year. The Vestry meets monthly and has an annual retreat. Vestry members are expected to be involved in the community of Epiphany as leaders, who worship regularly, are active learners and who participate in other parish activities.

DIOCESAN CONVENTION delegates serve two-year terms. The Convention consists of the Bishop, clergy, and lay delegates elected from each parish. The convention typically occurs in late October where they elect officers, ratify budgets, set assessment levels for financing the operation of the Diocese, vote upon resolutions (here is typically where the excitement is), elect General Convention deputies, hear the Bishop’s annual address and conduct other business. The Convention starts Friday afternoon and goes through Saturday. Delegates and Alternates meet a few times during the year before the convention to discuss diocesan issues and initiatives as well as Epiphany’s role in the Diocese. We seek four new delegates each year for a two year term. We also seek two new alternate delegates for a two year term, who also attend the Convention, though do not vote, but may vote if they replace a missing regular delegate. Alternates are good positions to learn the workings of the convention, and preparation for a delegate position.

We seek a broad range of active parishioners for these positions. That means young and mature (I don’t use the word old), recent and long term attendees, female and male, 8:00 and 10:30 attendees, quiet and loud, shy or outgoing. God’s kingdom relishes variety. If you have an interest or seek more information on any of these positions, please contact any member of the nominating committee: Sue Cary, Ed Emerson, Elizabeth Walker and/or Cory Carlson, Chairman.

Much thanks, Cory Carlson
cell: 206-369-1017 or email: cory.carlson@wcmadvisors.com

Notes from the September 2013 Vestry Meeting

Opening prayer

Mission and Theology Discussion:

After explaining proper handling of *The Saint John's Bible*, the Rev. Kate Wesch led the Vestry in the process of Visio Divina focused on **Acts 4: 32-35**. Kate used the text, illumination: "Life in Community", and reflective questions to facilitate greater understanding and personal meaning. Vestry members shared their perceptions of how this passage and illumination relate to life at Epiphany as well as to individual insights. This process will be used with several small groups throughout the year. If interested in joining a group, contact Kate.

Review and Approval of 8/13/13 Vestry Meeting Minutes

Nancy Emerson pointed out that the "Guiding Principle" for the *Vestry Guidelines for the Next 100 Year Building Campaign* had been slightly revised since the August meeting. It now reads:

As Christians we count ourselves citizens of the kingdom of God. Epiphany is and should remain a place and a community that is vital, dynamic, and relevant as an outpost of this eternal kingdom. Every generation has the duty and honor to care for its particular outpost (that is the body of Christ, which is the church, known in our case as Epiphany) in their time. Our action today is our thanksgiving to God, to our Christian forebears, and our gift to future generation of Christians that call Epiphany their spiritual home.

To increase understanding of the above, at the 9/8/13 Forum Doyt Conn presented the Vestry derived content of "Our Responsibilities—The Next 100 Years", Guidelines for Determining Building Priorities, Ground Rules, Priority Areas Based on Principles, and Tentative Timelines".

Trustee Reviews

Finance Report

Treasurer Gary Sundem distributed copies of *Epiphany Parish of Seattle Financial Statements December 31, 2012* for Vestry review and approval. This document has been reviewed by Gillespie & McMahon, PLLC and is ready to be forwarded to the Diocese, as required.

Gary then summarized that to date, both revenues and expenses are generally below budget with an expectation that revenues will catch-up to budget as church attendance resumes this fall. Gary noted that summer pledges were slow to come in, and Building and Grounds costs are likely to remain over budget due to necessary repairs and maintenance. They are expected to be somewhat offset by other budget areas with an overall positive net amount by the end of the year.

The 2014 Budget is now beginning to be considered.

The Vestry then discussed earmarking the plate offering on September 29, 2013 to be donated in honor of The Very Rev. Dr. John Hall to a local charity (in lieu of an honorarium for preaching). He has indicated his support for children's educational causes and would be pleased to support one in the Seattle area. The Social Action Committee has been asked to recommend an appropriate agency. A motion to donate the 9/29/13 plate offering at the 10:30 A.M. worship service in honor of The Very Rev. Dr. John Hall to a local children's educational program as identified by the Epiphany Social Action Committee passed unanimously. This donation will be publicized in the Sunday Bulletin and in an advance [parish communications].

B. Building and Grounds Report

Bob Barnes reported that the hardwood floor of the upper Great Hall has been refinished. He has recently identified a Building & Grounds Team to assist with creating a long-term plan for needed projects that can be systematically budgeted. Team members include Beau Gould, Bill Forbes, Lynn Frink, Clay Nielsen, Phil Stoller, and Lyn White. The first meeting of this team is expected to be in October.

C. Rector's Report

Doyt Conn described the activities and timeline for this fall's Stewardship Campaign which will be led by Pete Melin and Alec Williamson. He stressed the importance of a successful campaign in the midst of the current building campaign. Doyt will send an initial stewardship letter to all parishioners on October 10rd. On October 20th, parishioners with stewardship questions may attend a 9:15 A.M. forum. Sunday, November 17th will be the official day of Ingathering for pledges. The campaign timeline is a bit shorter this year to allow for more accurate and timely development of the 2014 budget.

Doyt summarized the tremendous success of the Kick-off Sunday Church Picnic and expressed appreciation to Kevin and Teresa Davis for their delicious foods and to the many others who helped. He noted that the return of the choir was particularly welcomed and sounded even greater than ever.

D. Building and Grounds Assessment Team Report

Laura Blackmore reported that the summer forums went well and many useful comments were heard. John Nesholm and Thad Alston will meet as soon as possible to determine components of bid documents. Five more forums are scheduled as follows:

- * *October 6:* Martin Pasi (New Chapel Organ)
- * *October 13:* The Rev. William Seth Adams
(Chapel Liturgical Focus)
- * *November 3:* Tom Foster & Mike Evans (Acoustics)
- * *November 17:* Bob Barnes (Grounds)
- * *December 1:* Building Team, John Nesholm, & Tom Foster Panel
(Final Plan)

Closing Prayer led by Doyt Conn

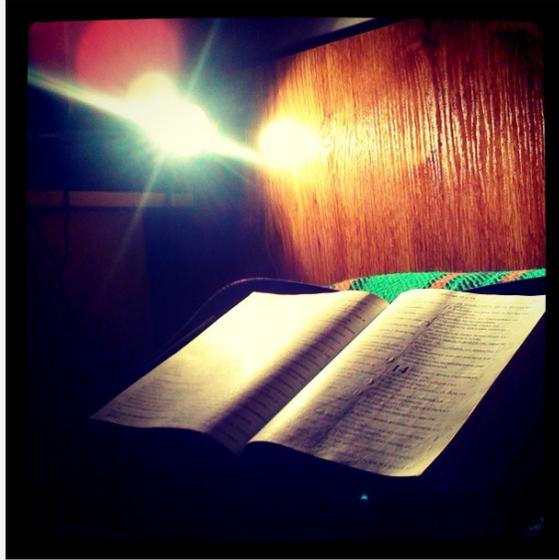
-Notes prepared by Caroline Normann, Vestry member



The Rev. Kate reading the Gospel from The Saint John's Bible. Photo by Diane Carlisle.

Not Just A Paperweight

Letting the Bible Speak to You



Charissa Bradstreet, MDiv. facilitating

Women of Epiphany | Annual Half Day Retreat

Saturday November 2, 2013

8:30-9:00 am Registration and Childcare Check-in

9 a.m. to Noon in the Christie House Library

12:15 pm Tea with Potluck Salad Toppings -

Greens provided.



Charissa Bradstreet is a member of Epiphany Parish who enjoys preaching, teaching, and serving as a mentor for Education for Ministry. She received her M.Div. from the Seattle School of Theology and Psychology.

Childcare provided with advance registration notice.

\$10 donation requested.

Please RSVP, including childcare requirements,
to the church office at epiphanyparish@epiphanyseattle.org
by Oct 29.

Questions? Please contact Julia Putnam at juliasp1@comcast.net

PARISH PRAYER LIST

WE PRAY FOR THOSE WHOSE BIRTHDAYS FALL BETWEEN

October 6-12: Benjamin Ackerly, Carl Barnes, Casey Day, Margaret Padelford, Craige Blackmore, Zola Northrup, Jo Pope, Molly Hanlon, Andy Baker, Kriss Sjoblom, and Chris Wilton.

WE PRAY FOR THOSE ON OUR CYCLE OF PRAYER:

Rodger & Wendy Anne DeRoux; Greg & Tsering DeYoung; Susannah & Aashish, Chloe and Kiran Dhamdre; Idalice Dickinson; and Danielle Dickinson & Andrew Wand. We pray for the ministries and institutions of University Chaplaincies (Seattle and Bellingham), and Annie Wright School & Charles Wright Academy (Tacoma).

YOUR PRAYERS ARE ASKED FOR CONTINUED HEALING AND STRENGTH FOR THOSE IN OUR PARISH WHO ARE ILL OR

GRIEVING: Paul, Bette Sprague, Coralie Swanson, Connie Gaines, Barbara Ward, Barbara Himmelman, Naraine Baker, Ginger, Kay Schack, Piper Simmons, Yamy Xolocotzi, Adrian, Ellen Gimbel, Eileen Riley, Bonnie, Roy Enriquez, Will Gluck, Ruth, the Hawkes family, Bob Shupe, Richard & Dolores Maxson, the Zehm family: Shelly, Atticus, Coco, & Bijou, Silas, TJ Johnson & family, Bill, Ben Smith, Grace, Susan, Debbie, Megan, Carl Putnam, Holden Shaw, Jeane Edwards, George Fisher, Rosalie, Dan Miller, Scott Gehring, Barbara & Mike Evans, Gracia Conn, Malina, Matt, Nancy, Isla Jude and family, David Weatherford, Alice, Mimi Pierce, and Susan.

WE PRAY FOR THOSE WHO HAVE DIED:

Peyton Tooke Norwood, Jackie Morn, and Olaf Kvamme.

Occasionally we review and cull the prayer list. If we have removed someone in error or you would like to have someone removed or added please contact the Parish Office. The same invitation applies for birthdays.

THE WEEKLY WORD

Epiphany Parish of Seattle
1805 38th Avenue
Seattle, Washington 98122

Return service requested

Phone: 206-324-2573
epiphanyparish@epiphanyseattle.org
www.epiphanyseattle.org

Rector:

The Rev. Doyt L. Conn, Jr.

Associate Priest:

The Rev. Kate Wesch

Sunday Worship Schedule

8:00 A.M. Holy Eucharist, Rite I
10:30 A.M. Holy Eucharist, Rite II

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